

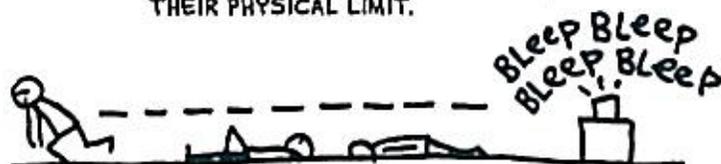


INVENTED BY DR. MAXIMILIAN G. ODOWOOD LEDGEAR IN 1982, THE MULTI-STAGE FITNESS TEST IS USED BY SUCH WONDERFUL INSTITUTIONS AS THE US ARMY, NAVY, AND THIS VERY HIGH SCHOOL!

IT ANALYZES THE BODY'S MAXIMUM OXYGEN INTAKE BY HAVING THE SUBJECT RUN BACK AND FORTH ACROSS A SET DISTANCE (IN THIS CASE THE GYM) IN TIME TO A SOUND SIGNAL, OR "BLEEP."



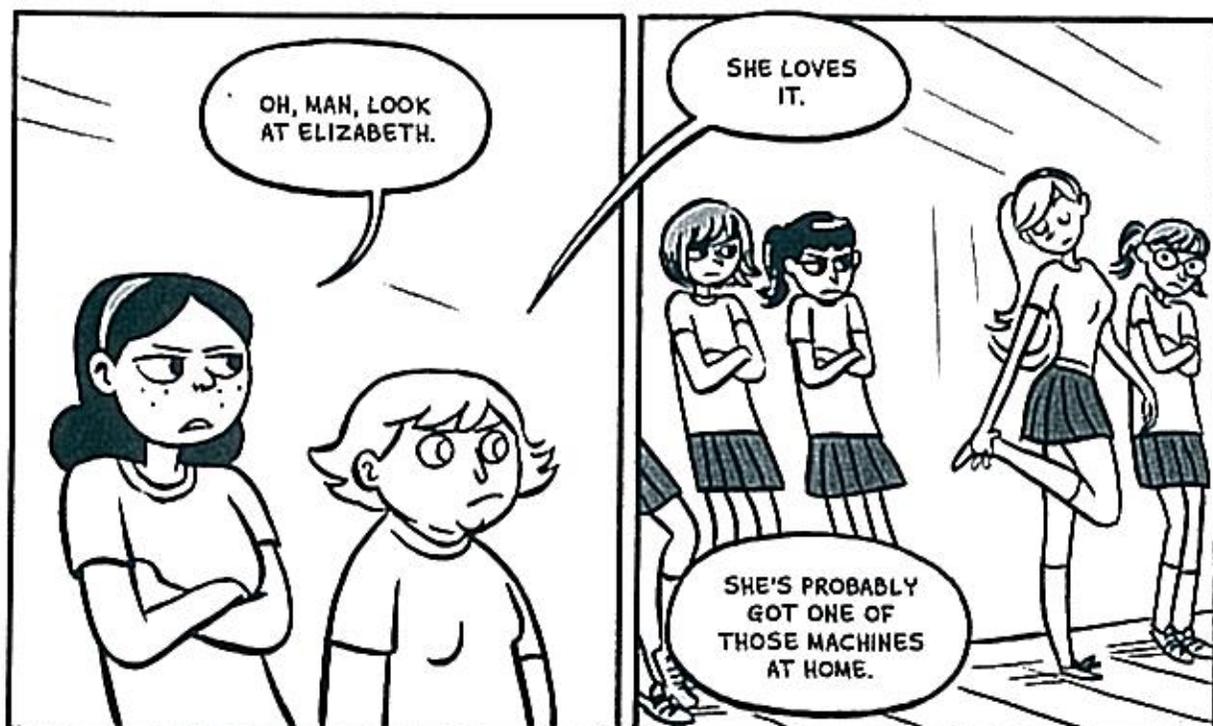
THE BLEEP INTERVAL BECOMES SHORTER, CAUSING THE SUBJECT TO RUN FASTER, UNTIL THEY REACH THEIR PHYSICAL LIMIT.



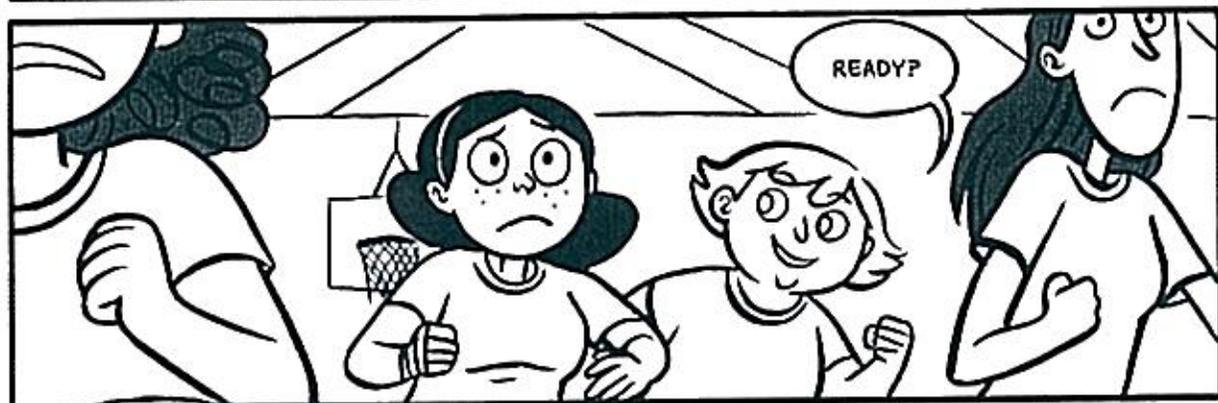
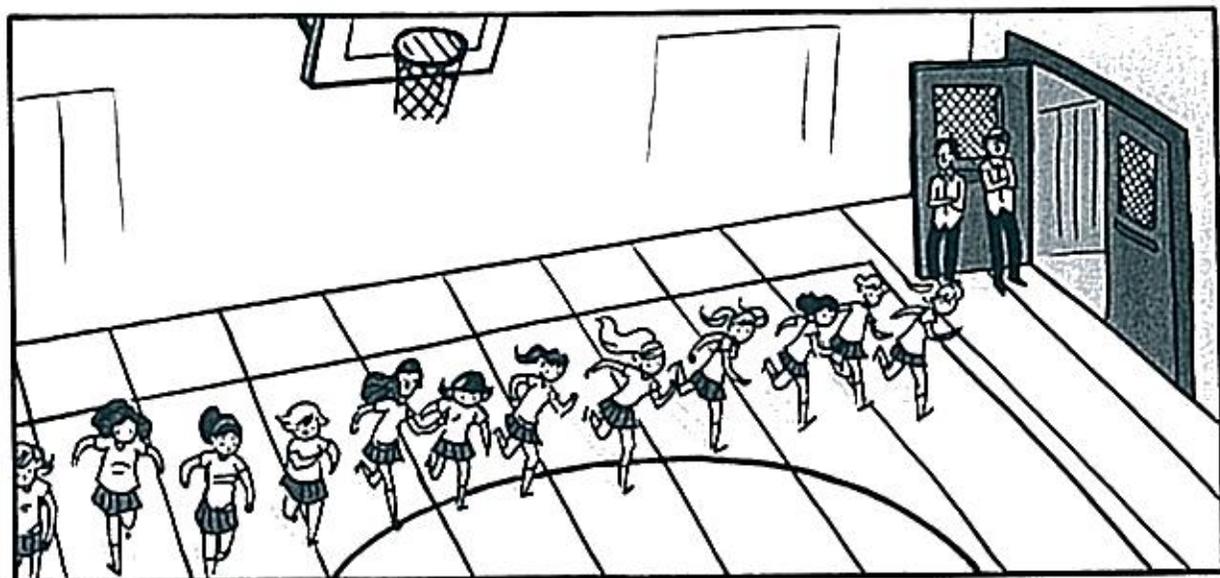
WE CROSS-REFERENCE THE NUMBER OF LAPS ON THIS HANDY DANDY SPREADSHEET, AND THUS DETERMINE YOUR VERY OWN MULTI-STAGE FITNESS LEVEL!

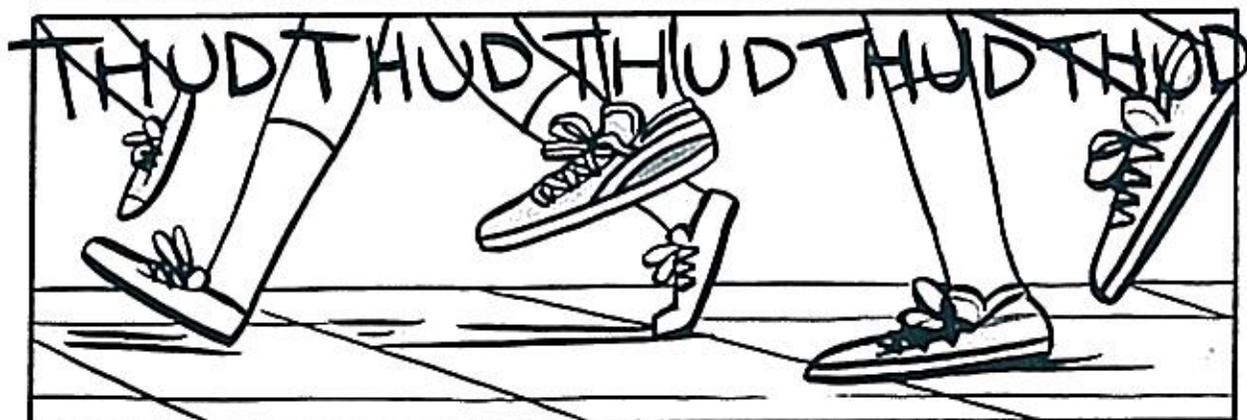


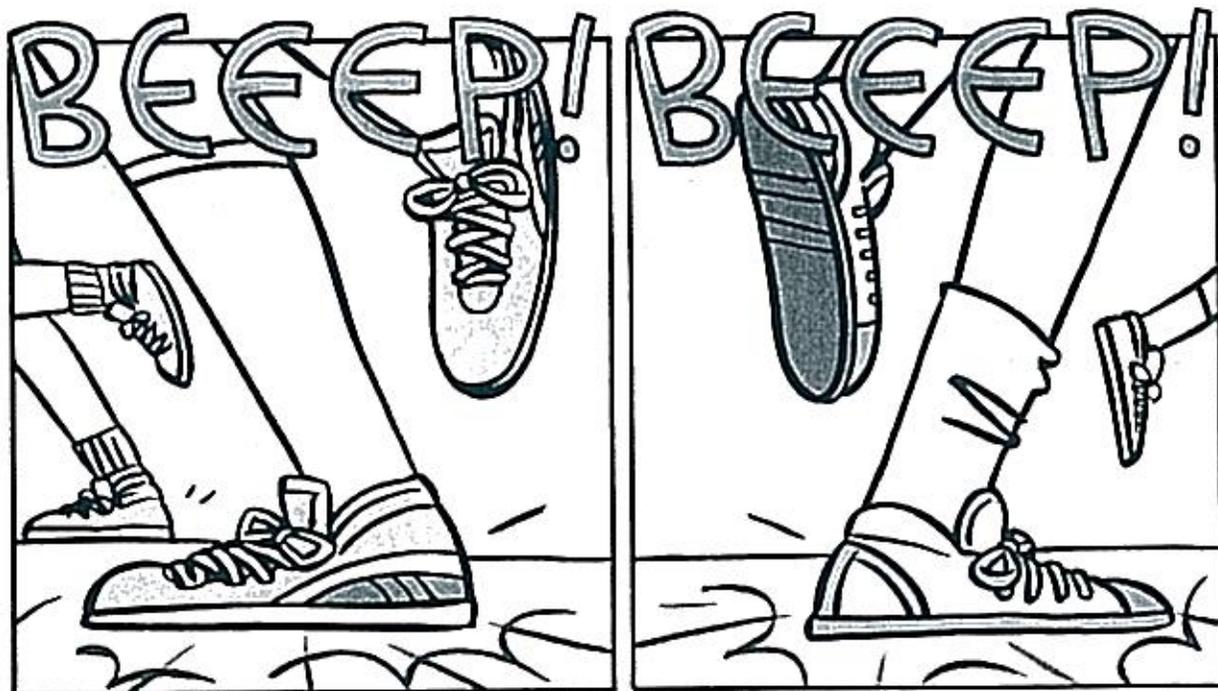
HE JUST LIKES WATCHING US RUN AROUND IN THESE STUPID SKIRTS.

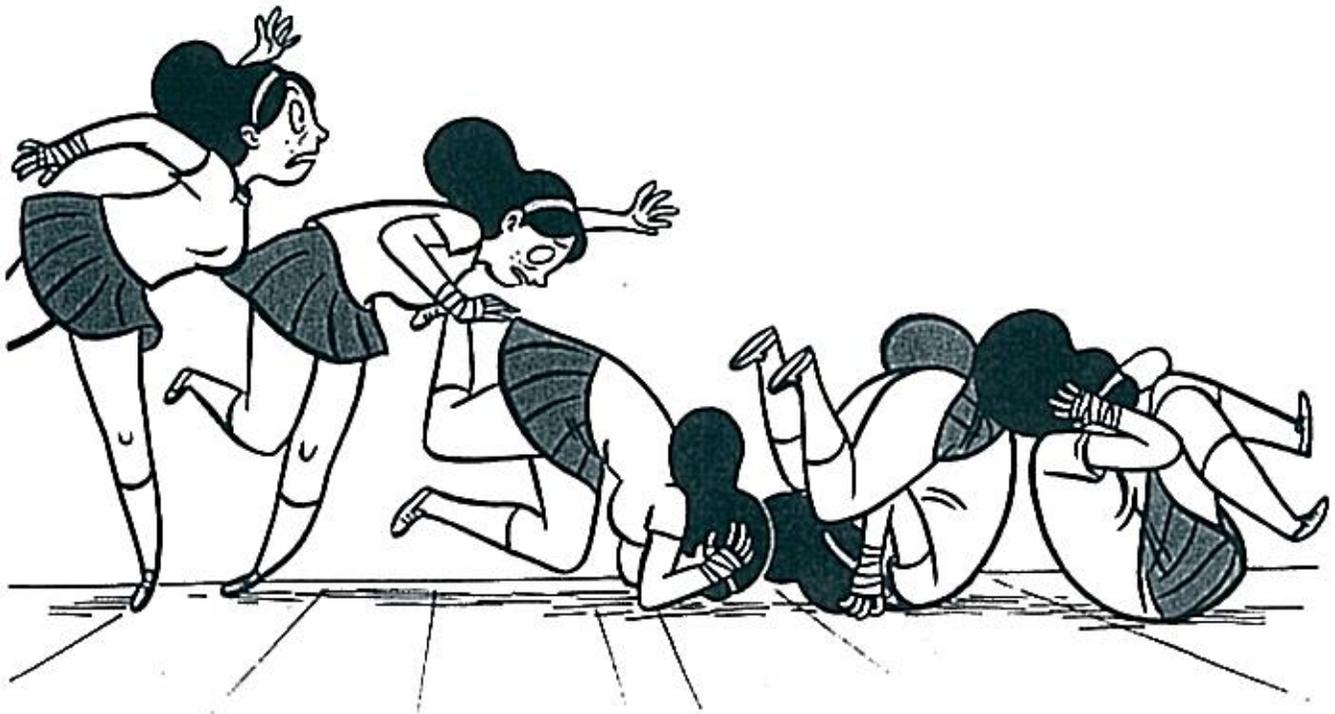












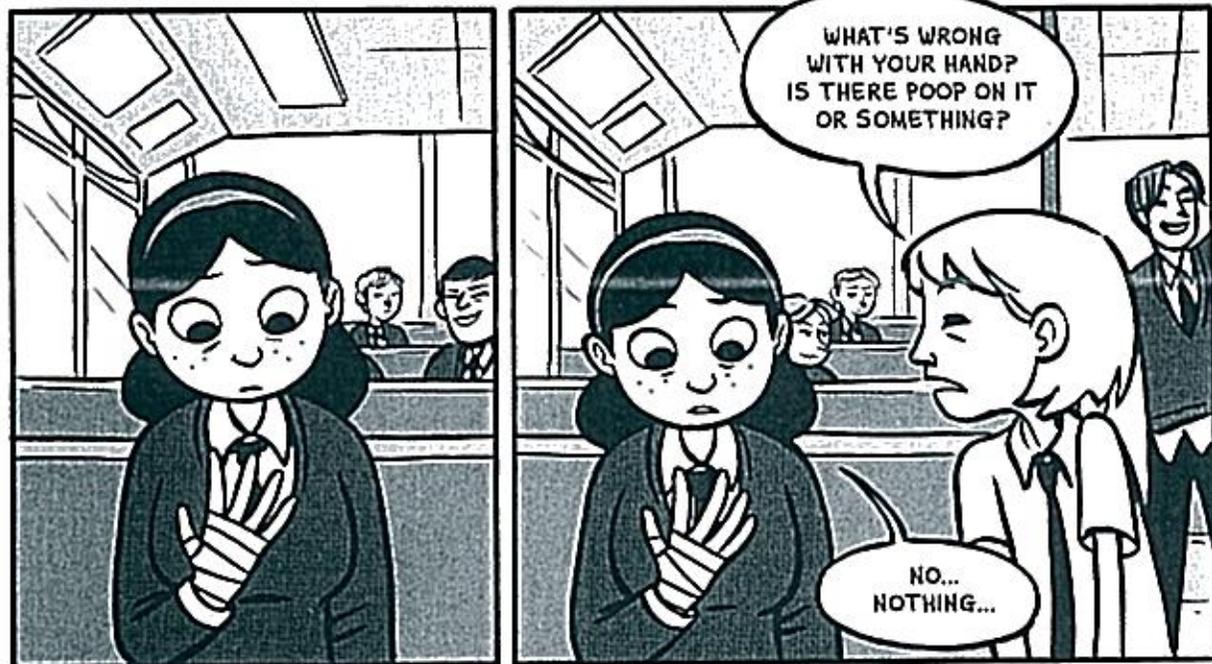


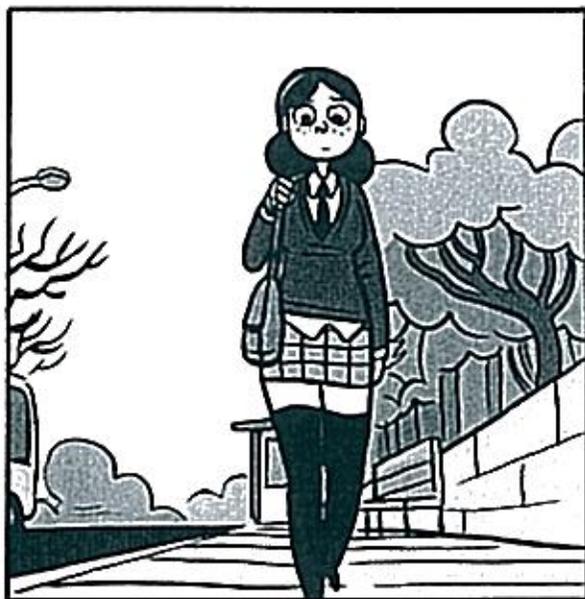












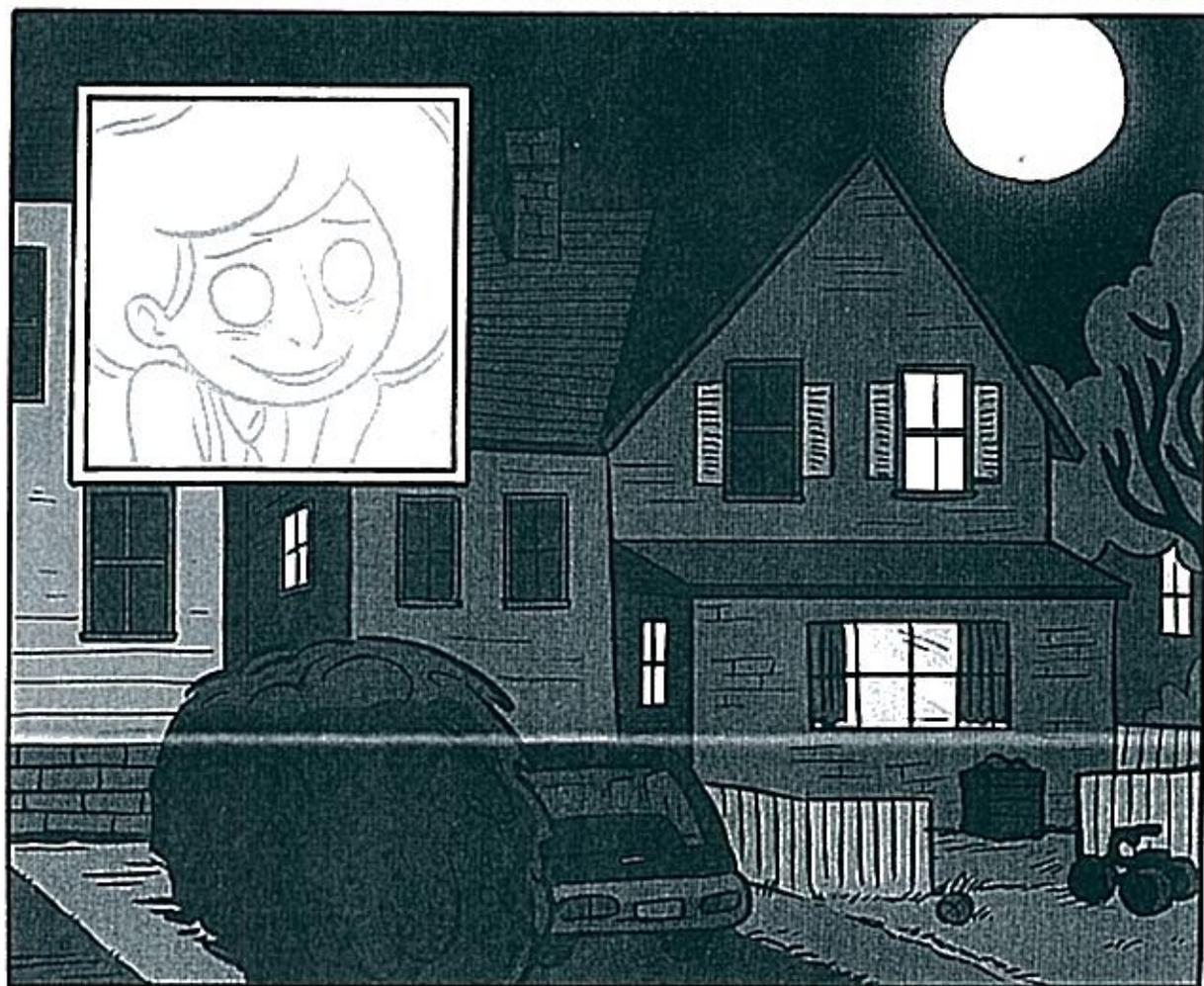




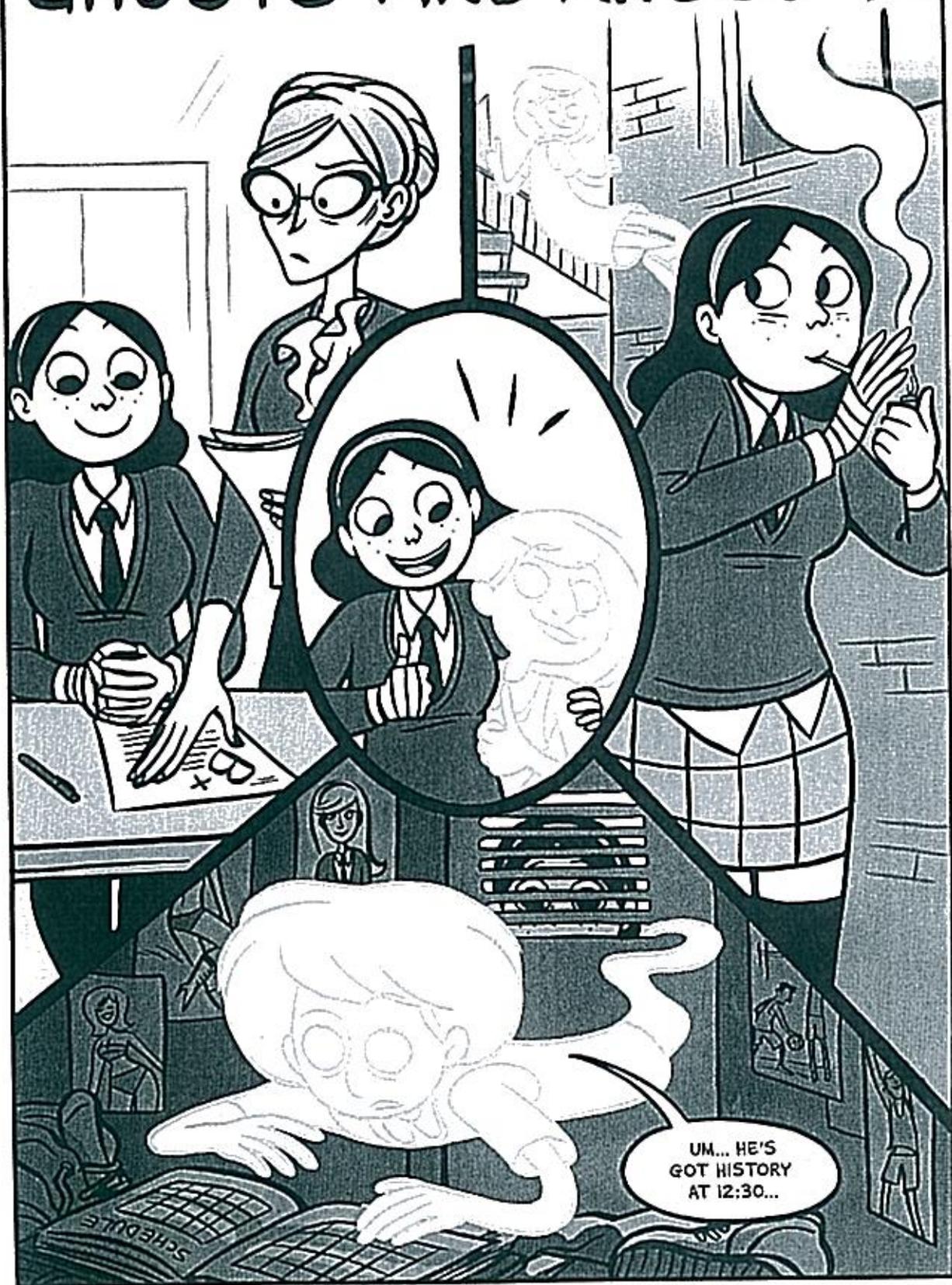


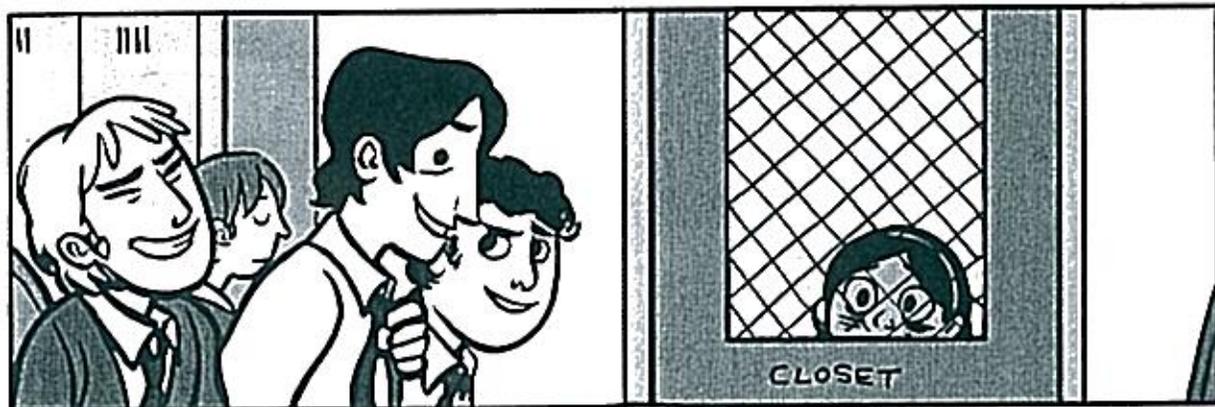






THE NEXT DAY:  
**GHOSTS ARE AWESOME**







OH,  
IT'S YOU.



I HEARD YOU DID  
PRETTY WELL ON THE  
TEST YESTERDAY. DID  
YOU FIND THE PREP BOOK  
HELPFUL?

I KNOW THE AP  
QUESTIONS ARE MUCH HARDER,  
BUT IF WE LEARN THOSE NOW  
OUR REGULAR CLASSWORK  
WILL BE A PIECE OF PIE!



CAKE, DIMA.  
A PIECE OF  
CAKE.



OH, THANK YOU,  
ANYA. I'M ALWAYS MIXING  
THAT ONE UP.

UH-HUH.



CLOSET



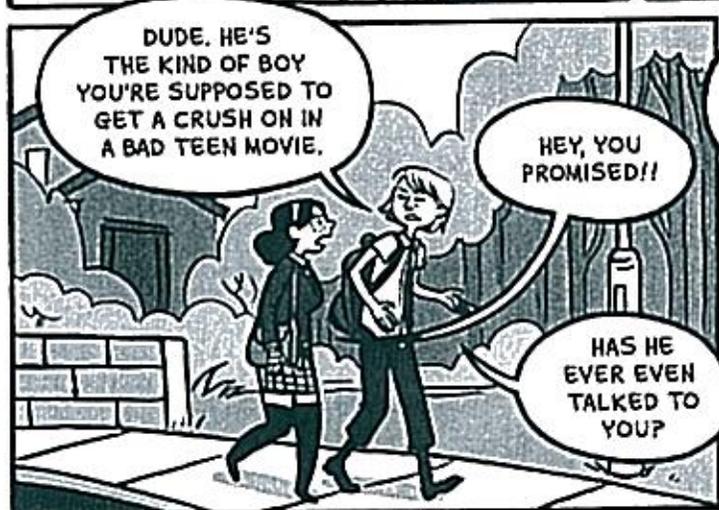
SOOOOOO,  
I'VE GOT TO  
GET G...

ARE YOU  
GOING TO CHURCH  
ON SUNDAY?



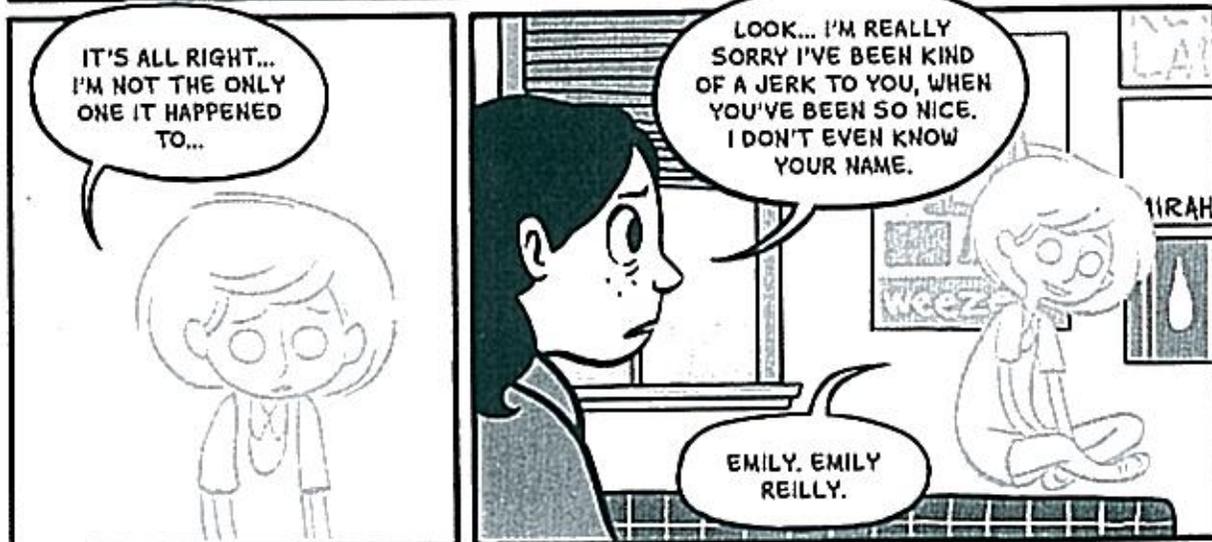
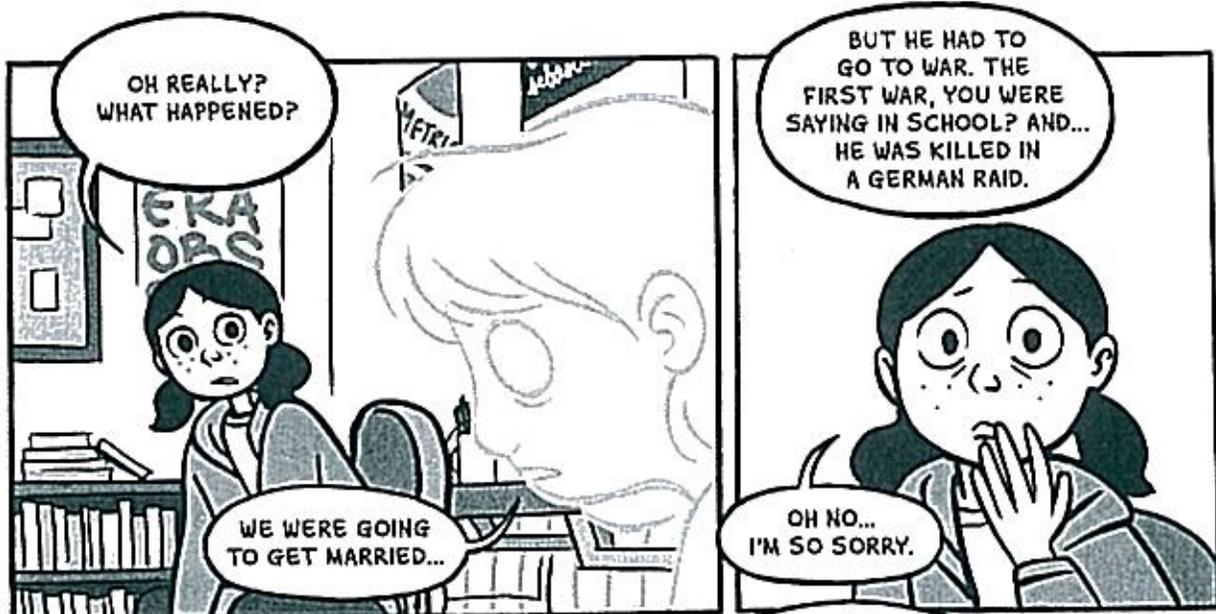






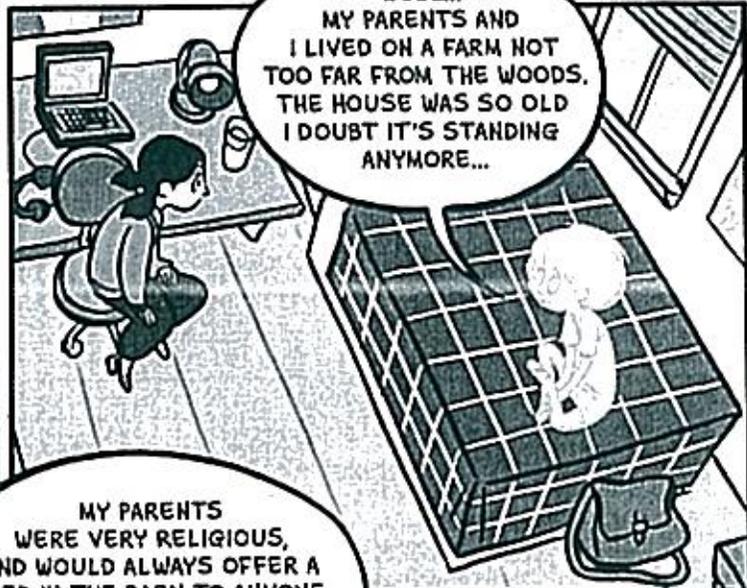








WHAT?!  
HOW?!!



WELL...  
MY PARENTS AND  
I LIVED ON A FARM NOT  
TOO FAR FROM THE WOODS.  
THE HOUSE WAS SO OLD  
I DOUBT IT'S STANDING  
ANYMORE...



MY PARENTS  
WERE VERY RELIGIOUS,  
AND WOULD ALWAYS OFFER A  
BED IN THE BARN TO ANYONE  
WHO MIGHT BE PASSING  
THROUGH THE AREA.



THE MAN  
WHO CAME THAT  
SPRING SEEMED LIKE  
A GOOD CHRISTIAN.  
HE EVEN HELPED MY  
MOTHER MAKE DINNER  
EVERY NIGHT.



EXCEPT ONE NIGHT...  
I WOKE UP FROM A DREAM  
AND CAME DOWNSTAIRS.  
HE WAS STANDING OVER  
MY PARENTS' BODIES,  
READY TO GO  
UPSTAIRS FOR ME.  
HE SAW ME...

I RAN THROUGH  
THE FOREST. I  
COULD HEAR HIM  
BEHIND ME...

I WAS NEVER VERY  
STRONG, AND HE  
WOULD HAVE CAUGHT ME.  
I COULD ALMOST FEEL  
HIS BREATH ON  
THE BACK OF MY  
NECK WHEN...

*I fell*

I DON'T THINK THEY EVER  
FOUND HIM.

I COULD HEAR  
THEM CALLING FOR HIM  
TO SURRENDER, TO TELL  
THEM WHERE MY BODY  
WAS...

UNTIL I COULDN'T HEAR  
ANYTHING ANYMORE.

